

DISCUSSING YOUR NEEDS WITH YOUR DOCTOR

Living with immune thrombocytopenia (ITP) can be challenging. It's important to work with your doctor to manage your treatment. Because the time you spend with your health care team is limited, planning ahead can help you make the most of each visit.

Use the statements below to help you identify and prioritize what's important to you. Discuss your answers with your doctor before your next appointment.



HOW LIVING WITH ITP AFFECTS ME

Since my last visit, I've physically felt

The hardest part of managing ITP is

The part of managing ITP I feel most confident about is

ITP gets in the way of me doing

When I think about ITP, I wish I knew more about



MY ADDITIONAL CONCERNS

Raising questions with your health care team will help them understand what's most important to you. They are there to help you. Use the space below to record any additional topics you want to talk about or questions you want to ask.
